

Vol. 38, No. 32

Grand Forks Air Force Base, N.D. ◆ www.grandforks.af.mil

Aug. 15, 2003



319th Air Refueling Wing • Winners of the Air Force Outstanding Unit Award (July 2000 to June 2002)

Inside:

DEFYing drugs



Saturday 88/64 iso. T-Storm
Sunday 84/65 Partly cloudy
Monday 90/60 Partly cloudy

Weekend weather Friday 86/60 iso.

Weather information courtesy 319th Operations Support Squadron weather flight

iso. T-Storm



Celebrating centennial of flight

Page 7



Title game, or home run derby?



Pages 19-20

Civil engineers build Iraqi base

By Master Sgt. Don Perrien

407th Air Expeditionary Force Public Affairs

TALLIL AIR BASE, Iraq (AFPN) - Everything that does not move is covered in a grayish-brown, powdery dust. The heat is oppressive - more than 120 degrees in the shade. Open fields and roads bear craters large enough to swallow small trucks.

In March, the area around Tallil Air Base looked more like the surface of the moon than the bustling tent city and flightline area standing today. After the base fell to coalition forces during Operation Iraqi Freedom, the landscape was desolate, save a few abandoned buildings, many of which still had extensive damage remaining from the first Gulf War.

The task of transforming this uninhabitable stretch of desert brushland into an operational air base fell on the 407th Expeditionary Civil Engineer Squadron.

In the past four months, the people assigned to the unit have moved more than 9,500 truckloads of fill dirt, assembled more than 350,000 square feet of facilities, trenched more than 40,000 feet of electrical cable and buried more than five miles of underground water pipe.

"Our biggest challenge was our heavy equipment when we first got to Tallil," said Lt. Col. Richard Gustaf, 407th ECES commander. "When we were in the process of moving that 9,500 truckloads of dirt, the trucks started breaking down at about the 4,000 truckload point. That was by far our biggest issue when we first got here. But we got through it."

Another big issue early on was finding, processing and distributing enough water to support the base.

"We built the largest water plant for an Air Force installation in the area of responsibility," Col. Gustaf said. "We became so innovative, we were even able to

bring an old Iraqi water tower back on line for our installation."

With the landscape prepared and the water and electricity being delivered, engineers focused on building the facilities that make up Tallil AB.

"When we got here in mid-April, the first phase of construction was still being laid out," said Chief Master Sgt. Greg Miller, 407th ECES structures flight superintendent. "There wasn't a dining hall, we were eating (meals ready to eat) for breakfast, lunch and dinner. Some of us slept on cots at the CE compound, and building materials were really scarce."

Chief Miller said the squadron kept building and expanding the base, even through the difficult times.

"You couldn't ask for a better group of people to work with, as far as civil engineering goes," he said. "This group hit the ground running, and (hasn't) really ever let up. We've built everything for everybody, from sunshades for the A-10s on the flightline to the chow hall we use now. We're even starting work on a (base exchange) building here in tent city to make this place as good as we can for the folks deployed here."

The men and women of the 407th ECES pride themselves on their ability to make something out of nothing, but their talent was put to the test during the first month of their deployment. The unit arrived almost a full month ahead of their equipment and materials, yet still managed to piece together the major landmarks on the Tallil landscape.

"Early on, it was tough working without a lot of the stuff you're used to having back at your home base," said Staff Sgt. Patrick Ellingson, a heating, ventilation and air conditioning technician with the 407th ECES. "For the first three weeks, we were fixing (air conditioners) with just a Leatherman multi-tool."

Providing air conditioning to critical facilities was



Photo by Senior Airman Karolina Gmyrek

Senior Airman Jason Roush works on the roof of a small base exchange at Tallil Air Base, Iraq.

one of the first priorities of the deployed civil engineers. Even though the unit arrived before the warmest part of the Iraqi summer, the 100 degree-plus temperatures were a challenge that had to be overcome for the base's mission to be successful.

-- See BASE, Page 3



Action Line 747-4522

The Action Line is your avenue for information about events and activities on and around the base.

For questions about current events or rumors, please leave a message.

100%

Mission effectiveness rating for the week of July 21 through 27 ? DWI-free

Days



Col. Keye Sabol 319th Air Refueling Wing commander

Editorial staff

Col. Keye Sabol

Capt. Patricia Lang

Chief, public affairs

2nd Lt. Ashley Gee

Chief, internal information

Senior Airman Joshua Moshier

Managing editor

Airman Basic Patrice Clarke <u>Editorial policy</u>

The Leader is published by the Grand Forks Herald, a private firm in no way connected with the U.S. Air Force, under exclusive written contract with the 319th Air Refueling Wing. This civilian enterprise Air Force newspaper is an authorized publication for members of the U.S. military services. Contents of The Leader are not necessarily the official views of, or endorsed by, the U.S. Government, Department of Defense, or the Department of the Air Force.

The appearance of advertising in this publication, including inserts or supplements, does not constitute endorsement by DOD, the Department of the Air Force, or the Grand Forks Herald of products or services advertised.

Everything advertised in this publication shall be made available for purchase, use, or patronage without regard to race, color, religion, sex, national origin, age, martial status, physical handicap, political affilia-

tion, or any other non-merit factor of the purchaser, user, or patron.

- ◆Deadlines -- Articles: Due by noon Thursday the week prior to publication. For any questions about submissions, call The Leader staff at 747-5019.
- ◆Contact information -- E-mail: leader@grandforks.af.mil, Phone: 701.747.5023
- ◆Public Affairs -- Editorial content is edited, prepared, and provided by the 319th ARW public affairs office. Copy submitted for publication is edited to conform to the Associated Press Stylebook and for length.
- ◆Advertisements -- Call the Grand Forks Herald at 701 780 1275 before noon Tuesday

Special Interest

-- BASE, from Page 2

"Our first couple of weeks here, the temperatures weren't as high as they are now," Sgt. Ellingson said, "but it was still over 100 degrees in the afternoon, and some of our criticalneeds facilities, such as the Predator control facilities and medical areas, had to be taken care of quickly. Once we got those taken care of, we could focus on making the rest of the base better."

According to Sgt. Ellingson, life in Tallil's tent city and work areas used to be a bit more dusty and difficult.

"I remember not too long ago, we only got showers once every other day," he said. "We did that for about a month, maybe a month and a half. Let's just say the people coming in on this rotation will have it a lot better than we had it then."

Sgt. Ellingson and a large number of the 407th ECES are in the process of rotating back home to South Dakota. The Tallil they leave behind is much different than the one they arrived at. The outside temperatures are still hot and the dust is still here, but the landscape does not look as barren as the moon anymore.

"I hope the people coming in have an appreciation for what's been done here," Chief Miller said. "It's easy to take the little things like running water and air conditioning for granted, but without the hard work of the folks in this squadron, none of it would be here at Tallil now."



Photo by Tech. Sat. Justin D. Pvle

'Leone' ranger

Staff Sgt. Dennis Snyder, a flight engineer, scans for obstacles as an HH-60G Pave Hawk prepares to land during a training mission Aug. 10. Snyder is currently serving with the 398th Air Expeditionary Group, which is currently providing personnel recovery and emergency evacuation capability for the Humanitarian Assistance Survey Team and the Fleet Antiterrorism Security Team in Liberia.

News

GFAFB busing concerns

All comments or concerns about Twining or Eielson busing can be directed to Ed Vida, BMAR Bus Project Manager, 594-5480. If you feel that your situation was not resolved to your satisfaction please contact MSGT Sandbothe, USAF QAE 747-4565.

ROUTE #1 AM

7:59 —1148 MAXWELL AVE. 8:00 —YOUTH CENTER 8:03 —TLF (AS NEEDED) 8:08-8:10-EIELSON 8:15 —TWINING

ROUTE #1 PM

3:00 —EIELSON 3:15 —TWINING SAME

ROUTE #2 AM

7:49 —6208 DAKOTA 7:50 —6202 DAKOTA 7:55 —1529 KENTUCKY 7:56 — 1523 KENTUCKY 7:57 —ASH & KENTUCKY 7:58 —BIRCH & LOUSIANA 7:59 —1617 HICKAM 8:00 —1612 HICKAM 8:08-8:10-EIELSON 8:15 —TWINING

ROUTE #2 PM

3:00 —EIELSON 3:15 — TWINING REVERSE

ROUTE #3 AM

7:55 —6106 SUNFLAKE 7:56 —6102 SUNFLAKE 8:01 —1213 CEDAR 8:02 —MARCH & CEDAR 8:03 —1222 MARCH 8:04 -MARCH LOUISANA (NORTH) 8:05-8:10 —EIELSON 8:15 —TWINING

ROUTE #3 PM

3:00 —EIELSON 3:15 —TWINING **REVERSE**

ROUTE #4 AM

7:50 —6102 SUNFLAKE 7:51 —6106 SUNFLAKE 7:52 —6208 DAKOTA 7:53 —6202 DAKOTA 8:00 —LOUISIANA & ASH 8:01 — I OUISIANA & BIRCH 8:02 —LOUISIANA CEDAR 8:08-8:10 —EIELSON 8:15 —TWINING

ROUTE #4 PM

3:00 -EIELSON 3:15 —TWINING REVERSE

ROUTE #6 AM

7:53 —INDIANA MAXWELL 7:54 —MAXWELL & I STREET 7:55 — I STREET & POPLAR 7:56 —POPLAR & HAWAII 7:57 —1933 HAWAII 7:58 —HAWAII & RED-WOOD 7:59 — STREET & RED-WOOD 8:00 —1881 I STREET 8:01 —INDIANA & POPLAR 8:02 —1798 INDIANA 8:03 —INDIANA & RED-WOOD 8:08-8:10 -EIELSON 8:15 —TWINING

ROUTE #6 PM

3:00 —EIELSON 3:15 —TWINING REVERSE

7:47 —1860 I STREET

7:48 —1777 HOLLY

ROUTE #8 AM

7:49 —1772 HOLLY 7:50 —MAXWELL & IOWA 7:51 —1763 IOWA 7:52 —IOWA & POPLAR 7:53 —1753 IOWA 7:55 —IOWA & REDWOOD 7:56 — REDWOOD & J **STREET** 7:57 —1747 J STREET —J STREET & 7:58 POPLAR 7:59 MAXWELL 8:00 —YOUTH CENTER 8:02 —TLF (AS NEEDED) 8:08-8:10 -EIELSON 8:15 —TWINING

ROUTE #8 PM

3:00 -EIELSON 3:15 — TWINING

YOUTH CENTER (TLF AS NEEDED) **FOLLOW AM SCHEDULE**

ROUTE #9 AM

7:50 —1320 SYCAMORE 7:51 —1412 SPRUCE 7:52 —1838 SPRUCE 7:53 —1403 SPRUCE 7:54 —1312 SPRUCE 7:55 —J STREET & SPRUCE 7:56 —1828 J STREET 7:57 —J STREET & TEAK 7:58 —TEAK & OREGON 7:59 —I STREET & SPRUCE 8:00 —1306 SPRUCE

8:01 —REDWOOD & J STREET 8:02 — REDWOOD & IOWA 8:03 —REDWOOD & I STREET 8:08-8:10 —EIELSON 8:15 —TWINING

ROUTE #9 PM

3:00 -EIELSON 3:15 —TWINING SAME 1151-B POPLAR (PM ONLY)

ROUTE #10 AM

7:53 —1354 WILLOW 7:54 —1357 WILLOW 7:55 —1358 WILLOW 7:57 —1291 REDWOOD 7:58 —1293 REDWOOD 7:59 —1297 REDWOOD 8:00 —1290 REDWOOD 8:01 —1284 REDWOOD 8:02 —1282 REDWOOD 8:03 —1273 NEVADA 8:04 —1277 NEVADA 8:05 —1263 RANDOLPH 8:08-8:10 —EIELSON 8:15 —TWINING

ROUTE #10 PM

3:00 —EIELSON 3:15 —TWINING 1339 TEAK SAME AS MORNING

ROUTE #11 AM

7:53 —1887 I STREET 7:54 —TEAK & I STREET 7:55 —1812 I STREET 7:56 — I STREET & ASPEN 7:57 —ELLSWORTH & WHITEMAN 7:58 —ASPEN & OREGON —J STREET & 7:59 —1368 ASPEN 8:00 —1374 ASPEN 8:01 —1385 BEECH 8:02 —2729 NEW JERSEY 8:03 —2424 DOGWOOD 8:04 —2414 DOGWOOD 8:05 —2404 DOGWOOD 8:08-8:10 —EIELSON 8:15 —TWINING

ROUTE #11 PM

3:00 —EIELSON 3:15 —TWINING

1374 ASPEN 1385 BEECH 2729 NEW JERSEY 2424 DOGWOOD 2414 DOGWOOD 2404 DOGWOOD **1368 ASPEN ASPEN & OREGON** ELLSWORTH & WHITE-MAN **1812 I STREET TEAK & I STREET** 1887 I STREET

DEFY stops drug, alcohol abuse before it starts

By Airman Basic Patrice Clarke
Public affairs

The easiest way to put out a fire is to not let the fire get started. The Drug Education for Youth program here is trying to stop drug and alcohol abuse in youth before it starts.

The DEFY program holds a yearly camp that starts every summer following the end of the school year. DEFY is a unique, comprehensive and multi-phased one-year program that strengthens protective factors and reduces risk factors that scientific research has directly linked to adolescent alcohol and drug abuse, school failure, delinquency and violence. It is tightly focused on 9-to 12-year-old youth because the primary exposure to high-risk behaviors occurs during the middle school years, grades seven through nine, and ages 11 to 14.

The DEFY program has two phases.



Base youth work together to complete a puzzle during this year's DEFY summer camp.

Phase one consists of a week-long camp during the summer, while phase two is nine months long during the academic school year.

The week-long camp on base July 28 through Aug. 1 combined teambuilding skills, selfesteem boosting activities, and goal-setting activities with drug and alcohol education.

The end of the camp was signified by a trip to Thief River Falls Water Park.

"This is our fourth consecutive year running the camp, and every year we grow with volunteers and participants," said Mrs. Jennifer Baysinger, DEFY camp director. "This year we had 14 mentors and 18 youth."

"I just arrived on base, and I thought this was a good way to get involved with the community," said Airman 1st class Anthony Williams, 319th Communications Squadron Visual Information aide.

Anyone who wanted to be a mentor had to go through a background check and be CPR certified, said Mrs. Baysinger.

"As airmen, we're making an impact on our country. By helping out with the DEFY program, we make an impact right here at home," said Airman Williams.

"This is the first year that I have participated in the camp as a mentor," said Staff Sgt. Jason Gamble, 319th CS/VI graphic illustrator. "The experience is something that I would recommend to anyone. The youth are intune with what is trying to be taught, and they respond as such. DEFY is really a great program."



Courtesy photos

The base's DEFY program participants visited Mt. Rushmore earlier this summer as part of the program.

The mentors weren't just mentors for the week-long camp. They will also be the mentors for phase two, which begins in September.

During the school year, the program focuses on continuous reinforcement and reestablishes the bond between the mentor and the youth, said Mrs. Baysinger.

The whole program is culminated at the end of the year with a trip to Mt. Rushmore, S.D.

"The program focuses entirely on those crucial years where things learned are remembered the most," said Mr. David Frisch, DEFY program coordinator.

"You take these 18 kids who don't know each other and put them together for a week. You teach them how to say no to drugs and how to work together. These 18, kids who at the beginning did not know each other, leave the camp with these friendships. It's just amazing to see what a week can do," said Mrs. Baysinger.

Coats for Kids

The base First Sergeants Group is looking for donations for their annual 'Coats for Kids' drive.

Donated coats are professionally dry-cleaned and given to needy children from the Red River Valley Community. Drop off points will be first sergeant offices.

The drive ends today.

For details, call Senior Master Sgt. Harry Walker at 747-4105.

Yoga, pilates instructor course

A power stretch/yoga/pilates instructor certification workshop is being offered through the fitness center on Saturday from 9 a.m. to 5 p.m.

For details, call Mrs. Kathleen Kyper at 747-5995.

Sports physicals

The 319th Medical Group Family Medicine Clinic realizes how hectic this time of year can be for parents and their children.

In their ongoing efforts to provide quality care that meets patients' needs, they have set aside the afternoon of Aug. 22 for sports, scout and Head Start physicals. Times will be from 1 to 5 p.m.

To schedule your child for an appointment, call the Tricare Service Center at 594-3000.

In order to accommodate the many patients needing physicals, the 319th MDG asks that all individuals arrive 15 minutes early for their scheduled appointment and fill out all necessary paper work prior to the appointment; the various forms may be picked up at the Family Medicine Clinic or the child's respective school.

In addition, the weekend Acute Care Clinic will be seeing a limited number of school and sport physicals.

To schedule an appointment with the ACC, call 747-5601 or 594-3000 between 11 a.m. and 3 p.m. on the day the appointment is preferred.

Puppy found

A puppy, approximately 8-weeks-old, has been found in the vacinity of Aspen Street in base housing.

For details, call Staff Sgt. Roger Howard at 747-3896.

OPSEC tip

There may be times when your spouse cannot talk about the specifics of his or her job. It's very important to conceal and protect certain information such as flight schedules, temporary duty locations and base activities, just to name a few.

Things such as discussing over the phone where your spouse is going TDY or deploying can be very useful to a potential adversary.

Starting your own business?

The Family Support Center is offering a three-hour seminar from 9 a.m. to noon on Tuesday on what you should know about starting a business.

Mr. Eric Giltner, Director of the Business Information Center, will present information on the business plan, financing, marketing and records keeping.

To register, call 747-6435 or 747-3241.

Beet harvest help

Truck drivers and tractor operators are wanted for beet harvestint beginning Sept. 30. The beet farm is located five minutes from Grand Forks.

Pay is based on an hourly wage, overtime, bonuses for completing the harvest and returning drivers.

For details, call (218) 773-2661 Monday through Friday between 9 a.m. and 3 p.m., or call Ms. Judy Box at 747-6435.

Fall soccer meeting change

Due to mission responsibilities, the youth program needs to move the fall soccer parent's meeting from Monday to Aug. 25 at 5:30 p.m. at the Youth

For details, call youth programs at 747-3150.

Celebration in NY recalls 100 years of flight

By Staff Sgt. A.J. Bosker Air Force Print News

NEW YORK - Thousands of people are celebrating the Centennial of Flight during events through Saturday in Rockefeller Center here.

Among the crowds are parents being dragged by their children who are eager to see the full-scale replicas of the F-16 Fighting Falcon or RQ-1 Predator unmanned aerial vehicle. Others are standing in line to talk to Air Force pilots or to see a real Air Force Academy falcon.

While many visitors are busily recording every detail of the event through the lenses of their cameras, others are there to listen to guest speakers talk about the history of.

For Mr. Arthur Lasker, a World War II veteran and P-38 Lightning pilot, this was an opportunity to look back and remember the friends and comrades he lost many years ago.

"I formed very close bonds with the people I flew with and the ground crew, especially the crew chief, who made sure my plane would carry me back alive," Mr. Lasker said.

Everyone had an important role and contribution to make, he said.

The qualities Mr. Lasker said he remembers his fellow 8th Fighter Group airmen possessing - integri-

ty, character, compassion and a willingness to sacrifice for others - are the same qualities he sees in the airmen talking to the crowds today.

Mr. Lasker said he has been called a hero for serving in World War II and in post-war Japan, but he does not like the title.

"The true heroes are the people who didn't come home. They each gave us the chance to have children, see them grown and have children of their own."

Although the celebration at Rockefeller Center ends Saturday, events at other locations are scheduled through the remainder of the year.

More information on Centennial of Flight events can be found at <u>www.centennialofflight.af.mil</u>.



Photo by Staff Sgt. A.J. Bosker

Mr. Arthur Lasker, a World War II veteran and P-38 Lightning pilot, talks to Capt. David Shachter during a Centennial of Flight celebration Aug. 8 at Rockefeller Center in New York. Capt. Shachter is an F-15 Eagle pilot assigned to the 27th Fighter Squadron at Langley Air Force Base, Va.

Airman saves heart-attack victim

By Senior Airman Jason Ostrich 193rd Special Operations Wing Public Affairs

HARRISBURG, Penn. (AFPN) - To just go in, vote and get back to work seemed like a reasonable expectation for Senior Master Sgt. Glenn Parsons, ground safety supervisor for the Air National Guard's 193rd Special Operations Wing here.

But on his way from his job at the Pennsylvania Department of Corrections to a lunchtime union-ratification meeting, he had no idea what chaos and uncertainty awaited him.

About 50 state employees gathered in the meeting hall to hear the options and cast their votes. Ten minutes into the presentation, Sgt. Parsons heard a thump, followed by an isolated commotion and someone in the crowd mumbling, "He quit breathing."

He immediately let his instincts and training take over.

After urging bystanders to call for help, Sgt. Parsons found an unconscious

man with no heartbeat. Mr. Jackie L. Becker had fallen to the floor, suffering from an apparent heart attack.

Though panicked bystanders strongly urged Sgt. Parsons to await paramedics, he knew there was little time to waste. He began CPR with the help of Mrs. Joan Barkley, a nurse and Pennsylvania state employee attending the meeting.

"Everything just shut off around me, and I knew there was only one thing to do and that was to get his heart started," said Sgt. Parsons, who learned CPR through the Air Force and the department of corrections.

"I would want someone to do it for me - now! I just pictured myself laying there and thought, 'If that was me laying there, what would I want someone to do?" he said.

Sgt. Parsons performed mouth-to-mouth resuscitation, while Mrs. Barkley did chest compressions. The duo was able to restart Becker's heart and breathing three times in about 10 minutes. Paramedics arrived and took him to Harrisburg Hospital.

"Brain cells start to die in four to six minutes without resuscitation, so the sooner you start care the better chance you have of surviving," said Senior Airman Hali Jo Confer of the 193rd SOW medical readiness and mobility section. "The likelihood of life after 10 minutes is slight at best."

Ultimately, Mr. Becker underwent critical surgery to insert a pacemaker. He is recovering at home.

"I am very happy to be here," said Mr. Becker, who remembers little of the day's events. "I'm just thankful (Sgt. Parsons) was there to help me."

"People need to be involved, care about others, volunteer, and step up and be counted (on) when people need you," said Sgt. Parsons, who credits Air Force leadership school and principles for helping him rise to the occasion.

"Everyone should learn CPR," he said. "It's not just a course; it's a matter of life and death."

(Courtesy of Air Force Special Operations Command News Service)



Photo by Master Sgt. David Hawkins

Senior Master Sgt. Glenn Parsons demonstrates CPR on a resuscitation mannequin. He used his self-aid and buddy-care training to give CPR to a man who had suffered an apparent heart attack.

Base chapel

CATHOLIC:

Mass: 5 p.m. Saturday, 9 a.m. Sunday, Sunflower Chapel.

Weekday Mass: Monday, Wednesday, Thursday, 11:30 a.m., Sunflower Chapel. Reconciliation: 4:30 to 4:45 p.m. Saturday, or by appointment, Sunflower Chapel. CCD Registration: Open to children age 3 as of Aug. 31 through high school. Call Mrs. Jane Hutzol at 747-3073 for details.

PROTESTANT:

Traditional worship: 10:30 a.m. Sunday, Sunflower Chapel.

Contemporary worship: 6 p.m. Sunday, Prairie Rose Chapel.

Young Adults: 6 p.m. Fridays, Chaplain Swain's home, 747-4359.

Men of the Chapel Bible Study: Noon, Prairie Rose Chapel conference room.

JEWISH:

For details call Sheila Farquharson at 594-3960 or Synagogue B'nai Israel at 775-5124.

RUSSIAN/EASTERN ORTHODOX: For details, call Dr. Levitov at 780-6540.

MUSLIM, BUDDHIST, OTHER:

For details, call 747-5673.

Base theater

Friday, 7 p.m.

Legally Blonde 2:

Red, White and Blonde (PG-13)

Reese Witherspoon steps into perky Elle Wood' pink pumps again. After being fired from her law firm, she heads to Washington, D.C., to find the biological birth parent of Bruiser, her pet Chihuahua.

Saturday, 3 p.m.
Sinbad, Legend of the Seven Seas (PG)

Sinbad (Brad Pitt), the dashing, adventurous sailor who appeared in Arabian Nights, is framed by Eris (Michelle Pfeiffer), the Goddess of Chaos, for stealing the powerful and priceless Book of Peace.

Saturday, 7 p.m.

Terminator 3: Rise of the Machines (R)

John Connor, the target in Terminator 2: Judgment Day and humanity's savior, is 22 now and keeping a very low profile. Unable to find Connor, Skynet sends its latest creation — female terminator (Kristanna Loken) — back in time to kill off other important leaders of the future rebellion; among them is Kate Brewster, a girl from Connor's past. Before long, she tracks them both down, and it's up to the T-800 (Arnold Schwarzenegger) to protect John and Kate, take out the relentless TX, and stop Judgment Day.

Aug. 22, 7 p.m.

The League of

Extraordinary Gentleman (PG-13)

Aug. 23, 7 p.m.

How to Deal (PG-13)

Tickets: \$1.50 children, \$3 adults For details, call 747-3021/6123.

News

Shuttle investigation gives airmen knowledge

By Staff Sgt. C. Todd Lopez
Air Force Print News

WASHINGTON -- Following the Space Shuttle Columbia disaster in February, NASA officials activated a 13-member board to determine the cause of the accident.

Three of those board members are bluesuiters. They said they believe some of the lessons learned while working with NASA can be brought back with them to the Air Force.

"There is a lot of process, surveillance and inspection ... issues involved in how NASA does its business that I know we will bring back to how we do business in the Air Force," said Maj. Gen. Kenneth Hess, Air Force chief of safety.

The airmen may also bring back to the Air Force some of the technical expertise regarding the aging process of space vehicles, according to officials. Unlike the Air Force, which uses an expendable launch vehicle, NASA uses a reusable launch vehicle -- the space shuttle.

The effect of aging on the shuttle provides valuable information for future Air

Force development projects according to another board member.

"Just as we have aging aircraft, there are aging spacecraft," said Maj. Gen. John Barry, director of plans and programs at Air Force Materiel Command. "We are learning a lot of things on aging, and those things will eventually be applied ... as we start building the space maneuvering vehicles and space operating vehicles of the future. Those kinds of lessons ... will be instrumental in helping the military develop these vehicles of the future."

While the Air Force will take home some valuable information as a result of its participation on the board, it also brings to the table some valuable Air Force corporate knowledge.

"I've participated in a dozen investigations, including both aircraft and spacecraft," said Brig. Gen. Duane W. Deal, 21st Space Wing commander. "(Another) thing we bring to the (Columbia Accident Investigation Board) is aviation experience, particularly with the support staff we brought in."

While the support staff used by board

members are not strictly part of the board, their expertise and contributions were important to the investigation, according to officials.

Gen. Deal said as many as 12 airmen and six Air Force civilians have assisted during the investigation.

This includes people from the Air Force Safety Center at Kirtland Air Force Base, N.M., an engineer from the Air Force Academy and researchers skilled in metallurgy, thermodynamics and design issues from Wright-Patterson AFB, Ohio.

NASA officials said they did not plan for the space-shuttle program to last beyond 10 years, but the project has been going on now for more than 20, with plans to go on even longer.

The Air Force has years of experience in dealing with and extending the life of aging aircraft. Some of that knowledge, Gen. Barry said, can be transferred to NASA.

"There are a lot of lessons that the Air Force has learned about aging aircraft that can be applied here," Gen. Barry said.

Robots display force-protection prowess

By Mr. James Coburn 37th Training Wing Public Affairs

LACKLAND AIR FORCE BASE, Texas (AFPN) - A demonstration of the latest in robotics and sensor technology gave security forces directors from Air Force commands worldwide some new ideas in how to protect bases and people without endangering personnel.

Robotics experts put 12 robots through some amazing paces during the Aug. 6 demonstration at Southwest Research Institute in San Antonio.

Demonstrations included one robot that crawled up walls and across ceilings, another that clambered over rocks with six rotating legs and a third that wriggled like a snake through a pipe.

Col. Tommy Dillard, Lackland Force Protection Battlelab commander, explained what robotics can do for force protection in the future.

"From an Air Force perspective, we're looking at robots in the future to do a lot of the force-protection deeds that we have right now," he said. "Why put a person in harm's way if you can take a machine and new technology to go ahead and do a first look?"

The technology was brought together as the featured attraction of an exposition of activities by the battlelab, located in the Air Force Security Forces Center here. The lab often uses the institute to investigate its forceprotection concepts.

"This event served as the first time we've seen such a diverse group of robotic capabilities with force-pro-

Photo by Mrs. Robbin Cresswell

Mr. Bryce Wiedeman motors a six-wheeled robot along a wall by remote control during the Lackland Force Protection Battlelab Exposition on Aug. 6 at the Southwest Research Institute here. A process called "vortex attraction" that works in both air and water holds the robot to the wall.

tection application brought together in a single venue," a family of robots. This included an almost totally said Brig. Gen. James Shamess, Air Force director of security forces at the Pentagon.

Gen. Shamess was in San Antonio to lead a two-day meeting of the 2003 Expanded Security Forces Executive Council at the Lackland center.

"We received nothing but rave reviews," said Senior Master Sgt. Mike Mikell, the battlelab's coordinator of the event.

Besides security-forces directors, he said another 230 security professionals attended, including representatives of the Joint Robotics Working Group, Homeland Security Department, Center for Robotic Assisted Search and Rescue, Federal Emergency Management Agency, FBI and San Antonio Police Department.

Among the robots shown in action was the "Wall Crawler," which can motor up walls and across ceilings on six wheels. It adheres to various surfaces, including brick walls, by means of a louvered fan that creates a low-pressure region between two adjacent surfaces, said Mr. Bryce Wiedeman, vice president of operations for Avionic Instruments Inc.

The 8.5-by-6.5-inch robot can be equipped with a video camera on a boom, he said, "that allows us to take a little peek around a corner or over a ledge into a win-

He said it works even more efficiently underwater, moving around by remote control on the hull of a ship to send back video for safety examina-

"People have bought it just the way it is for things like inspecting the fuselage of an aircraft," Mr. Wiedeman said.

Sgt. Mikell said the battlelab demonstrated its Remote Detection Challenge and Response initiative, which involves

autonomous robot that can patrol a base-perimeter fence or weapons-storage area using cameras assisted with radar.

"Robotics, we think, can enhance our ability to protect our installations, people and resources," Col. Dillard said. "One of the things we want, and have asked the industry to do, is to be able not only to detect (with robots) but to start a neutralization phase before we can get response forces out there.

"And we think robotics is going to revolutionize how we do that part of the business - not to replace cops or anything like that, but simply to make us better," he

(Courtesy of Air Education and Training Command News Service)

Base FCC seeking child care providers

Program provides for training, licensing, inspecting

By Mrs. Connie Page 319th Services Squadron Family Day Care

A dilemma facing working parents is who will watch their children while they are on the job.

One answer many people have discovered on base is the family child care program.

Family child care providers can offer care in their own home to provide a home-style method of childcare. This program can provide care for families who prefer individualized care, as well as filling the needs of the unique situations of shift work, exercises, mildly ill children, children with special needs, and weekend and night care.

The FCC program is a fast growing source of military childcare. FCC homes create a natural setting for newborns, infant care and children up to 12. Many parents find the FCC homes comfortable, personal and often flexible care is available if needed.

The demand for childcare providers on base is high. Infant and toddler age groups need more providers. The FCC staff assists potential FCC providers in setting up and maintaining their FCC business.

There are initial orientation and three-day training classes for new providers. Classes are held by appointment each month. The United States Department of Agriculture training is also included in the initial plan.

During the first year of certification, the FCC program offers 24 more hours of formal training. Training includes initial and annual CPR and first aid training.

The module training offered (which is completed once a month) is excellent training on child interactions, safety, child esteem, nutrition and more. The information received from training can be of benefit to the FCC provider throughout their life.

The FCC lending library offers family childcare providers any items required to start and maintain a quality FCC home for infants, toddlers, preschool and school-aged children.

There is no need to purchase anything new to start a FCC home as the loaned items are in good repair, and the lending library has at least four items of each kind.

These items include games, first aid kits, pots and pans, strollers, indoor and outdoor play equipment, books, puzzles, and developmentally appropriate toys for all age groups.

The FCC lending library items are on display in Building 320. The staff encourages parents and interested public and potential providers to view the colorful display of children's delight.

FCC homes are licensed and inspected to ensure the environment is child enhanced and the safety and sanitation of the homes have met the base standards for in home childcare. The standards for the FCC program are set by Air Force regulations, and all providers are trained in childcare, safety and health including first aid and CPR.



Courtesy photo

Shiela Smith is one of the FCC's base child care providers. Here, she provides care for (from left to right) Brody Baysinger, Erin Smith, Suzanne Shores, Sarah Smith and Abigail Baysinger.

If unlicensed care is being provided, the FCC cannot ascertain all safety and health standards are being met, and the children may be at risk.

If there are unlicensed providers on base providing care for compensation, they should contact the FCC office.

The FCC staff will set up a date for training and background checks so an FCC license can be obtained.

As according to Air Force Instruction 43-276.1, "Any individual caring for other family's children a total of more than 10 hours per week on a regular basis must be licensed to provide care in on-base quarters."

This does not include:

- ► Individuals who occasionally provide care for a friend and neighbor.
- ▶ Teenagers doing evening or weekend babysitting for families.
- ▶ Childcare provided in the parent's own home.
- ▶ Parent cooperatives where one parent provides supervision for the other parent's children on an exchange basis and no fees are involved.
- ▶ Temporary, full-time care of a child during a parent's absence for temporary duty or deployment by the person listed on the Air Force Form 357, Family Care Plan.

For details, call the FCC at 747-3158.

Drinking and driving... is it really worth it?

(Editor's note: This article was written by a base airman and published at his request)

Some of you may think, "I will never get caught," or, "a taxi costs too much." You may get away with drinking and driving a few times, but sooner or later the odds will catch up with you. You will get caught, and you will have to pay a hefty price for your actions.

I know, because I have been arrested for driving under the influence twice. Take my word for it, it would have been a lot cheaper and smarter to take a taxi or call a friend to come and give me a ride.

Since I have been arrested for DUI, my life has been in turmoil. I have been reduced in grade from an E-6 to an E-4, am currently attending Alcoholics Anonymous meetings downtown, am attending the Alcohol and Drug Awareness program on base, and have lost my driving privileges both on and off base for a year.

I have also faced over \$1,200 in fines and spent five days incarcerated in the Grand Forks county jail with the off-base authorities.

My wife has PCS'd to a different

base, and my 2-year old son is currently with her. My actions have put a serious strain on our marriage and have put my integrity in question with the people I work with. I no longer have the trust of the senior leaders in my unit, and my daily relationship with my family occurs via telephone.

I have added up the monetary cost of my actions, and they reach in the thousands of dollars. My monthly income alone has been reduced by \$800 a month, not to mention the cost of the fines I have incurred and the cost of maintaining two households.

Drinking and driving is a very dangerous practice. Besides getting arrested and facing all of the aforementioned penalties, you could kill yourself or somebody else. How would you feel if your family was killed by some mindless drunk who decided to take a chance with their life?

I look back on my actions and realize I am very fortunate I am alive today. I put a lot of people in jeopardy for a night of drinking alcohol and making a foolish decision.

So before you get behind the wheel after a night of drinking, ask yourself, 'Is it really worth it?"

Airman Against Drunk Driving



Your last resort for a safe ride home.

740-CARE (2273)

* Available only to military members, their families and DOD civilians

Continued vigilance is everybody's responsibility

The terrorist attacks of Sept. 11, 2001, taught us that enemies of the United States are capable of striking high-value targets on American soil, and they're willing to stop at nothing to do so.

With more terror attacks promised by the enemies of the United States, vigilance is called for like never before. For that reason, the Air Force Office of Special Investigations continues to promote its "Eagle Eyes" program.

At the heart of this program is the understanding that terrorist acts are simply not spontaneous activities that "just happen." Rather, they require careful planning and are rehearsed in advance.

This point was stressed considerably when investigations into the Sept. 11 attacks revealed the perpetrators lived in our cities and communities, conducted surveillance, planned their attacks, and rehearsed their operations in the midst of our everyday way of life. Yet, not enough people were able to recognize the planning activities and contact the right people to prevent the tragedy.

That is why "Eagle Eyes" was created - to better educate Air Force personnel and ordinary citizens on the planning activities associated with terrorist acts and to encourage them to notify authorities when they see something suspicious.

Since its inception in April 2002, "Eagle Eyes" has been received with great enthusiasm all over the Air Force and in communities adjacent to bases.

The program gets people involved in the protection of Air Force people and resources in their own communities.

A year has passed, and the Secretary of Defense and the Air Force Chief of Staff have directed a lowering of the Force Protection Condition to a base line of Alpha.

With this lowering of the FPCON, the "Eagle Eyes" concept becomes more important than ever. Base personnel and with the surrounding communities should continue their vigilance and report suspicious activities to the appropriate authorities.

It is this high level of cooperation between the base and the community that has made the program not only a success, but now a DoD standard.

Specifically, "Eagle Eyes" encourages people to recognize the following activities as potentially suspicious and report them to authorities:

▶ **Surveillance -** Someone recording or monitoring activities.

This may include the use of cameras (either still or video), note taking, drawing diagrams, annotating on maps, or using binoculars or other vision-enhancing devices.

Elicitation - People or organizations attempting to gain information about military operations, capabilities or people.

Elicitation attempts may be made by mail, fax, telephone or in person.

- ▶ Tests of security Any attempts to measure reaction times to security breaches or to penetrate physical security barriers or procedures in order to assess strengths and weaknesses.
- ▶ **Acquiring supplies -** Purchasing or stealing explosives, weapons, ammunition, et cetera.

Also includes acquiring military uniforms, decals, flight manuals, passes or badges (or the equipment to manufacture such items), or any other controlled items.

Suspicious persons out of place - People who don't seem to belong in the workplace, neighborhood, business establishment or anywhere else.

This includes suspicious border crossings and stowaways aboard ship, or people jumping ship in port.

▶ **Dry run** - Putting people into position and moving them around according to their plan without actually committing the terrorist act. This is especially true when planning a kidnapping, but it can also pertain to bombings.

An element of this activity could also include mapping out routes and determining the timing of traffic lights and flow.

▶ **Deploying assets -** People and supplies getting into position to commit the act. This is a person's last chance to alert authorities before the terrorist act occurs.

The U.S. Air Force belongs to the citizens of this great nation, and their continued vigilance helps protect Air Force people and resources from terrorist attacks.

Air Force people are dispersed around the nation and around the world, both on base and off. So are their families. So are merchants and citizens who form a community of interest near Air Force bases and interests.

"Eagle Eyes" puts them all on the antiterrorism team by teaching them what to look for. Doing so makes the world a smaller, more difficult place for terrorists to carry out their missions.

For deatials about the "Eagle Eyes" program, call AFOSI Detachment 320 at 747-3852.

(Courtesy of Air Force Office of Special Investigations, Public Affairs)

Know your responsibilities for ORI

By Lt. Col. Jeffrey Johnson 319th Air Refueling Wing Inspector General

Outstanding! In the wake of Operation Iraqi Freedom, this is the impression the men and women of the 319th Air Refueling Wing have left on our senior military leadership and the citizens of this great nation.

Our dedication to mission success and level of professionalism is second to none.

Soon, we will get the opportunity to demonstrate this same professionalism and dedication to a visiting team of inspectors from Air Mobility Command during our Operational Readiness Inspection, and we want to make sure we also leave them with an 'outstanding' impression.

To give everyone some insight into what can be expected, I have put together some questions and answers on how the ORI will be conducted.

What will the inspector general team look at?

The AMC IG team will look at our ability to accomplish our operational plan taskings within the constraints of a peacetime environment. Many units can expect to see functional experts looking over their shoulders at their programs and documenting their findings - both good and bad.

What do I need to do?

Do your job the way you always do it - in a dedicated and professional manner. Show a sense of urgency in the taskings you receive, do everything

safely and show the inspectors that we are all part of the same team. We are not just getting the mission done, but we are getting it done in a manner that shows that we are proud of what we do.

You can only make one first impression, so make it count. We impressed the world with our abilities during Operation Iraqi Freedom; now it is time for us to 'wow' our AMC/IG inspectors with the same level of determination and dedication we have here at home.

I have included a list of 'tips for success' for our inspection to go along with this article.

Keeping these tips in mind will help when we get the chance to show the AMC/IG inspection team that we are all part of the best tanker wing in the United States Air Force!

Tips for ORI success

Do's

▶ Make a good first impression. Our customs and courtesies should be air tight along with dress and appearance. Look your best - hair cut, boots shined, uniform sharp.

When outdoors, stay alert (many senior officers will be with this team). Salute individuals and staff cars as required!

▶ Be polite, professional, friendly and enthusiastic about your role in mission execution. Stand up and greet evaluators when they enter.

If appropriate, give them a quick tour of the work area and introduce the people in the section. Provide an initial overview of your work center mission support responsibilities.

► Tidy up - this is not the time for messy desks, cluttered offices or unorganized work places. Exterior areas need to look equally clean and professional.

Turn off any radios, Televisions or other distractions - show the inspectors that your focus is on mission accomplishment.

▶ Give any visiting inspector a quick safety briefing. If there are hazards in

your area, make sure they are briefed and provide the evaluator with required safety gear, such as ear protection, if they don't have it.

▶ Brag and be proud of the great things your work center is doing to provide mission support. Provide copies of unique programs that show your unit is better than organizations in other wings.

▶ If the evaluator finds problems, fix them on-the-spot, or as soon as possible. If you correct a discrepancy during the inspection, contact the evaluator and ask them to come back during the inspection and take a look at your corrective action.

If an evaluator asks you a question and you are unsure of the answer, don't guess. Do the necessary research and get back to him with the correct answer.

▶ Be completely familiar with the results of your section's self inspection program - you can bet the evaluator will be. If asked, be able to discuss open items along with current status.

▶ Escort evaluators while they are in your work areas - don't just turn them loose. Also, give your sharp airmen an

opportunity to tell the evaluators about your program.

▶ Listen carefully to your evaluator pay attention and ask questions if you don't understand their comments. Take

Brief your supervisor and management on the outcome of your time with your evaluator along with items of concern.

▶ Be focused on the mission being evaluated, and display a sense of urgency. Don't take shortcuts, and make sure safety is observed at all times

▶ Precise and timely communication between work centers that need critical information is essential, but make sure you observe appropriate OPSEC/COM-SEC practices.

Don'ts

▶ Take things personally or become defensive.

Even if you disagree with inspectors, listen to what they say, and never argue with the evaluator.

► Criticize other areas or attempt to blame problems on others.

Attempt to cover up known problems. If it's significant, the inspectors will discover it, so your best bet is to show that you are aware of the problem and have a plan to fix it.

If the corrective action is beyond your capability, provide documentation of your efforts to coordinate a fix with higher headquarters.

Don't get frustrated if an evaluator identifies a discrepancy. Take it as an opportunity to improve and provide even higher quality mission support.

Making the grade!

Base uses ORE to ensure succes in next week's ORI

By 1st Lt. Rob Lazaro Public Affairs, deputy

The signs are unmistakable and can be found everywhere on base - there only days left until the next Operational Readiness Inspection.

For those who have participated in an ORI, the final days before an inspection can mark anxious anticipation for the long and hectic days

For others who may be experiencing it for the first time, anxiety might be replaced by

doubt and the uncertainty of what to expect.

No matter which category members fall into, officials from the 319th Air Refueling Wing Inspector General's office ensure the wing has everything it needs to succeed in this

Preparation for the event began many months ago for many of the base agencies. For others, such as the operations and maintenance groups, preparing for the ORI is ongoing throughout the year in their day-to-day missions and duties.

This capability to execute mission critical duties is what the 28-member team from Air Mobility Command will be evaluating during their visit here.

These inspections date back to the Cold War Era and are an important part of the Air Force's mission to ensure air superiority, as well as to protect and defend America.

All active duty bases are evaluated every three years on how well they perform their specific piece of the readiness mission.

"It's our way of showing our senior leaders

sion," said Maj. Dale Fadley, 319th Air Refueling Wing, deputy inspector general. "If everyone does everything they're expected to do everyday in real world, the inspections should be transparent."

From the endless summer days of wing-

"With the three pre-ORI exercises the wing has conducted, we've been able to identify some areas of con-

that we can execute our (air refueling) mis-

wide practice exercises to the young but motivated professionals individually studying their duty responsibilities for the evaluation tests, the entire wing has been working hard to reach a level of confidence in demonstrat-

ing the wing's collective capabilities.

cern and make necessary improvements," said Master Sgt. Robert Aguilar, 319th ARW/IG exercise evaluation team superintendent. "Participating in these exercises and correcting unit selfinspection program observations has helped the wing get things up to speed."

Aside from running unit selfinspection checklists, it also takes individual effort and the cooperation of nearly everyone in this wing to perform well as a team during

"Inspectors can talk to anyone in the various offices, so individual preparation is also important," said Master Sgt. Richard Pasamante, 319th ARW/IG exercise evaluation team member. "Expect long hours and challenging scenarios to test your knowledge of your job."

"We ask that people perform to the best of their ability with a sense of urgency, but do so safely," said Lt. Col. Jeffery Johnson, 319th

Ensuring that proper OPSEC procedures are followed and incorporated into the plans, such as protecting and shredding COMSEC material, will also play an important role in the success of this inspection.

There will be five possible ratings given by the inspection team based on the wing's performance. They range from outstanding to unsatisfac-

The wing's last ORI evaluation was in April of 2000 when the 319th ARW received a green rating under the past grading sys-

Operational Readiness Inspection tips

If directed to shelter-in-place, would you know what to do? The 319th Civil Engineer Squadron Readiness Flight has developed a guide to assist you. It may be obtained at http://w3/Units/319MSG/319CES/Cemain.htm.

Once you arrive at the CE Home page, select 'Readiness' and then 'Shelter-In-Place Guide.' Reference the Air Force Manual 10-2602.

Were you to spot unexploded ordnance, would you know what to do? Check out pages 38 through 51 of the Ability to Survive and Operate Guide (AFH 32-4014 Vol. 4).

For details, call Mr. Harold James at 747-4456.





(Left) Members of the 319th Logistics Readiness squadron work diligently to move pallets around during the Operational Readiness Exercise on base Aug. 6 and 7.

(Above) Staff Sgt. Dean Porter, Senior Airman Anthony Manzella and Staff Sgt. Robert Foote, 319th Maintenance Group, prepare equipment for deploy-

(Right) Sqt. Foote fills a deployment box.



Today



CLUB DINING: The Northern Lights Club evening special is 10 oz. New York strip

steak for \$7.95. The Frontier Grill summer menu is also available.

MILITARY APPRECIATION NIGHT:

The Rivercities Speedway is offering military appreciation night. Tickets are buy-one-get-one-free and available only at Outdoor Recreation. Cost is \$13 for adults and \$5 for children.

Rivercities Speedway is located at 2300 Gateway Drive, and its telephone number is 780-0999.

For details, call Outdoor Recreation at 747-3688.

CHEERLEADING CLASS:

Registration for fall cheerleading classes ends today at Liberty Square. Classes begin Sept. 9 and run until Nov. 6 every Tuesday and Thursday from 6 to 8 p.m. for ages 6 to 7, and 7 to 8 p.m. for ages 9 to 12.

Cost is \$3 per one-hour class session, and there is a maximum of eight participants per class. The class instructor is Mrs. Kassy Johnson.

Register at the Youth Center.

BEFORE, AFTER SCHOOL

PROGRAM: Registration for the Youth Center's before and after school program for children in grades kindergarten through 6th ends today.

Parents need to bring their children's current shot record, current leave and earnings statement for all working parents, Air Force Form 357 (if parent is a military member) and an individual education plan if the child has special needs.

For details, call the Youth Center at 747-4042.

FALL CLASSES: Registration for the Youth Center's fall classes ends today.

Classes include:

Piano - 6 and older, held on Tuesdays from 3:30 to 8 p.m. and Thursdays 3:30 to 6 p.m. Cost is \$12.00 per half-hour session.

Karate - 6 and older, held on Tuesdays and Thursdays from 6 to 8 p.m., and Saturdays from 10 a.m. to noon for adults and noon to 2 p.m. for youth. Cost is \$3 per one-hour session.

Gymnastics - 3 and older, dates, times and cost are yet to be determined.

Dance - 3 and older, dates, times and cost are yet to be determined.

Also, the Youth Center is looking for a guitar instructor. For details, call the Youth Center at 747-3150.

EDUCATION PROGRAM:

Registration for the Youth Center's education program times begins today and runs through Aug. 30.

During EPT times, youth are only allowed in the Youth Center if they are attending the programs for the day. These times are not open for recreation. EPT will not be offered on days when school is not in session, or when the schools are closed due to weather.

Youth must be signed up for the programs to participate, and all programs are free.

For details, call the Youth Center at 747-3150.

Saturday



CLUB KARAOKE:The Northern Lights

Club offers Karaoke from 10 p.m. to 3 a.m.

CLUB DANCING: The Northern Lights Club offers dancing rom 10 p.m. to 3 a.m. to 'club mix' music with "DJ 'C.'"

YOUTH GALAXY BOWLING:

Register at the Youth Center for galaxy bowling at Dakota Lanes for ages 9 to 12 from 6 to 8 p.m. and ages 13 to 15 from 8 to 10 p.m.

Cost is \$2.50 per hour and 75 cents for shoe rental. There must be at least 10 participants to hold this event.

Monday

CANDY BINGO: The Youth Center offers candy bingo for ages 6 to 12 from 5:30 to 6:30 p.m.

Tuesday



TORCH CLUB
MEETING: The Youth
Center is holding a
Torch Club meeting for

ages 11 to 13 from 8 to 9 p.m.

For details, call the Youth Center at 747-3150.

TEENSUPREME MEETING: There is a TeenSupreme meeting for ages 14 to 18 from 9 to 10 p.m. at the Liberty Square teen center.

PING PONG TOURNAMENT: The Youth Center is holding a ping pong tournament for ages 9 to 12 at 5:30 pm and 13 to 18 at 7 p.m.

Wednesday

CANOE TRIP: Register by Wednesday for Outdoor Recreation's canoe trip to the Mississippi Headwater Aug. 23.

Transportation departs at 6 a.m. from Outdoor Recreation and returns the same evening. Cost is \$20 per person and includes transportation, canoe, paddles and life jackets.

Participants need to bring their own lunch and must be in good physical condition for this trip as it is strenuous exercise.

SPELLING BEE: The Youth Center is holding a spelling bee for ages 9 to 12 at 6:30 p.m. and ages 13 to 18 at 8 p.m.

Thursday

DOLLAR LUNCH: The Northern Lights Club \$1 lunch day menu is roast beef and chicken. This discount price is for club members only.

FUN BUS: The Youth Center's Fun Bus will visit the playground at Sunflake Circle from 3 to 5 p.m. There will be games, arts and crafts, tournaments and a variety of summertime activities for school-aged youth offered by the youth programs staff.

TEEN STUDY GROUP: The Youth Center is holding a teen study group for ages 13 to 18 from 7 to 8 p.m.

Upcoming

KING'S WALK MILITARY
APPRECIATION MONTH: King's
Walk Golf Course is offering special green
fees to military members this month.

Anytime green fees are \$24, twilight green fees are \$15 after 5 p.m. and juniors green fees are \$12. To qualify for these specials, golfers must present a military identification card.

Call 787-5464 for tee times.

OPEN SKATING: Liberty Square is offering open skating for ages 6 and older Aug. 22 from 6 p.m. to midnight. The teen center will also be open during these times. Admission is \$3 and skate rental is \$2.

DEPLOYED SPOUSE'S DISCOUNT:

Eat at the Northern Lights Club on Aug. 22 between 5:30 and 8 p.m. and receive a 20 percent discount if your spouse is deployed.

SUNDAY BRUNCH: The Northern Lights Club offers brunch Aug. 24 from 10:30 a.m. to 1:30 p.m. Cost is \$9.95 for adults, \$5.95 for children 5 to 12 and free for children four and younger.

ATWIND schedule



Participate in any of these events and receive an ATWIND game piece!

Monday

Fast Eddie's *ATWIND* day Plainsview Golf Course lunch day *ATWIND* golf day at Plainsview Golf Course

Tuesday

Dakota Lanes lunch day

ATWIND family swim day at the base pool

Aerobic class at the Sports and Fitness Center

Northern Lights Club barber shop ATWIND day

Wednesday

Northern Lights Club double lunch day
Airey Dining Facility lunch day
ATWIND red-pin bowling day at Dakota Lanes
ATWIND youth golf day at Plainsview Golf Course
"Check-us-out" day at Outdoor Recreation
Sports and Fitness Center ATWIND day
NEISO ATWIND day - noon to 4 p.m.

Thursday

ATWIND youth bowling day at Dakota Lanes Skills Development Center ATWIND day Auto Skills Center ATWIND day Fast Eddie's ATWIND day

Friday

Base library *ATWIND* day Water aerobics at the base pool Northern Lights Club family dining TGIF at Northern Lights Club Open skating at Liberty Square

Saturday

Karaoke day at the Northern Lights Club *ATWIND* bowling day at Dakota Lanes

Sunday

ATWIND golf day at Plainsview Golf Course ATWIND family swim day at the base pool



A true hitting display

MOS beats AMXS twice to walk away with title

By Senior Airman Joshua G. Moshier Public affairs

Power hitting, capitalizing on their opponent's errors, and the tried and true intangible of hustle guided the 319th Maintenance Operations Squadron to 27-15 and 19-16 victories over the 319th Aircraft Maintenance Squadron as they battled back from the loser's bracket to claim the base intramural softball championship.

Outfielder Bobby Mummert led the offensive barrage for MOS going a combined 5-5 with four home runs, a double, eight runs scored and 10 runs batted in over the two games.

AMXS pitcher, decided three dingers and seven RBI was enough for one game

Here's a comparison to ponder.

The hapless 2003 Detroit Tigers have averaged just over three runs a game so far this summer. MOS scored 46 runs in 12 innings Monday for an average of just under four runs an inning. Mummert alone accounted for 14 runs for an average seven runs a game.

While that comparison may not be altogether fair given the nature of baseball versus slow-pitch softball, it illustrates just how overwhelming the MOS offense, and Mummert in particular, was Monday.

"I don't know," Mummert said about his individual display. "It just seemed like everything I hit was going out of the yard."

There was no denying he put on a show for those watching.

In the bottom of the first inning of game one with his team trailing 5-0, Mummert followed a lead-off double by shortstop Tom Burman with a line-drive over the right-center field fence. Later in the inning, he hit another bullet to right-center that was tracked down by AMXS outfielder Jeff Papp but deep enough to score catcher Rick Mabry from third base.

Mummert led off the bottom of the third inning with

another frozen rope over the right-center field fence, then he hit a towering three-run blast to right-center for his third round-tripper of the game in the bottom of the fourth.

Rick Pasamante, AMXS pitcher, decided three dingers and seven RBI was enough for one game and issued Mummert an intentional walk in the bottom of the sixth.

The 20-minute break between games did nothing to cool Mummert's bat.

After a walk in the bottom of the first inning of game two,

squad as well.

Mummert drilled a missile over the right-field fence in the bottom of the third for a solo home run. A double and intentional walk later, and his damage had been done.

Although he provided most of the fireworks, Mummert credited MOS' success to a team effort.

"Everyone in the lineup contributed, and we played

as a team," he said.

Head coach Chad Schulte heaped praise on his MOS

"This is the way it's been all year for us," Schulte said. "Everyone hit the ball well."



Photos by Airman Jennifer Walle

MOS outfielder Marty Mullenbach slides safely into third as AMXS third baseman Skye Edmister follows the play.

In regards to Mummert's performance, Schulte said, "We've come to expect things like that from him, and he really stepped up for us."

- See SOFTBALL, Page 20



MOS outfielder Bobby Mummert knocks fists with third base coach Dan Miller following one of his four home runs in Monday's intramural softball championship games.



MOS first baseman Scott Crawford laid out and second baseman Tony Manzella gave chase, but they couldn't come up with this hard-hit AMXS grounder.

Fit to fight: Air Force needs to improve on physical fitness

By Gen. John Jumper Air Force Chief of Staff

Our superb Total Force performance in operations ENDURING FREEDOM and IRAQI FREEDOM secured our reputation as the greatest Air Force in the world.

We should all take great pride in that.

Our execution of the war plan was also consistent with our core values.

Integrity, in that we upheld the highest standards of performance, learned from the things we could have done better and will make ourselves better as a result; service before self, in that 40,000 warriors deployed forward, supported by thousands more back home, to do the right thing for the people of Iraq and to play our part in the joint air, land, and sea effort; and excellence, in that we demonstrated the ability to plan and execute air and space missions with a degree of precision never before achieved.

When looking at our Air Force overall, I am very pleased. One aspect of our Total Force that does need improvement, however, is our physical fitness.

About 10 years ago, we transitioned to fitness testing based on the cycle ergometry test. This was done to preclude injuries experienced in the previous 1.5-mile run format. It was also deemed a more precise and high-tech way to measure aerobic performance.

My belief is we are a much different Air Force today. We deploy to all regions of the world, living in tent cities and working on flight lines in extremes of temperatures.

Some of our airmen today are operating from inside Iraq, subject to attack and could be called upon to help defend the base, a trend that will surely increase in the growing expeditionary nature of our business.

The amount of energy we devote to our fitness programs is not consistent with the growing demands of our warrior culture. It's time to change that.

We will soon release a new fitness program that gets back to the basics of running, sit-ups and pushups.

There will be accommodations made for those who aren't able to run for legitimate reasons.

The cycle ergometry test may still be used for those not medically cleared to run.

We are planning to issue physical training gear as part of the program and to put responsibility for PT in the chain of command, not with the medical community or the commander's support staff.

I expect this effort to be led from the top, starting with commanders and senior noncommissioned officers, and I expect those who have trouble meeting the standards to be helped by others in their unit until they do meet the standard.

Physical fitness should also be an area of concern for the Air Force civil servants. I encourage the civilian members of our Air Force organizations to join with their uniformed peers in participating in this program.

While we have weight and body fat standards that we must meet, there will be some, weightlifters in particular, who may be perfectly fit but not meet these standards. This is where I expect commanders to step in and make a decision. Everyone will have to pass the commander's eyeball test about how fit we are to wear the uniform.

Every year, we muster out

about 400 people from our Air Force because of fitness issues. We should ask ourselves how many of those people were really trying to meet the standard and how many leaders and supervisors took an active part (getting out and running with them, et cetera) in helping them meet the standard. We will start this program on Jan. 1, 2004, so there is plenty of time for us to get ready.

You can use me as a benchmark. I am currently recovering from abdominal surgery and am not allowed to run for another two weeks. I won't be able to do any sit-ups for another month.

During the first week in January, I plan to lead all Air Force General Officers in the Pentagon and the Washington, D.C., area in the PT test.

During the same week, Chief Master Sergeant of the Air Force Gerald Murray will do the same thing with our Command Chiefs in the area. We will follow that with the colonels, the remaining chief master sergeants, et cetera. We will ask the MAJCOM commanders to lead similar efforts as their operational situations allow.

I think all of us can agree that we were disappointed with the fitness standards we found when we came into the operational Air Force.

We expected to be required to sustain the standards required in basic training, the Air Force Academy, Reserve Officers Training Corps or Officer Training School.

Let's not disappoint ourselves any longer. The message is simple: if you are out of shape, fix it. If you have people in your squadron who need help, help them.

January 2004 is the date. Be ready.

- SOFTBALL, from Page 19

The victory was especially sweet for MOS coming against AMXS, Schulte said.

"It's pretty rewarding to come back from the loser's bracket, play a few extra games and win it all," he said. "We're a small squadron, and it feels good to come out and beat the big boys."

All the heroics weren't left to Mummert, however.

Outfielder Dean Porter was 6-9 with a home run, six runs and five RBI, first baseman Scott Crawford was 4-8 with a grand-slam home run, double, five runs and four RBI, and third baseman Schulte was 3-5 with two home runs, a double, six runs and six RBI.

All told, MOS bashed nine home runs and totaled a .468 team batting average.

Several AMXS players put up big numbers as well.

Shortstop Steven Dale led the charge going 5-8 with two homers, a triple, six runs and five RBI, pitcher and first baseman Pasamante went 5-9 with a home run, five runs and four RBI, second baseman and catcher Mikey Senay was 6-7 with a home run, double, four runs and one RBI, and outfielder Josh Defoe was 5-7 with a home run, four runs and two RBI. As a team, AMXS hit six home runs and batted .518.

	ab	r	h	bi		ab	r	h	b
AMXS					MOS				
Losek 1b	4	2	2	0	Burman ss	5	3	3	2
Pasamante p	4	2	2	1	Mummert lcf	3	4	3	,
Holt lf	3	2	2	4	Porter If	5	3	4	2
Dale ss	4	3	2	1	Schulte 3b	3	3	1	
Defoe lcf	3	1	2	1	Crawford 1b	4	3	2	
Edmister 3b	4	1	2	1	Miller rf	4	1	2	
Solorza eh	4	1	2	2	Hohenstein	4	1	1	
Shivelhood rf	3	0	1	1	Mullenbach rcf	3	2	2	
Papp rcf	3	1	1	0	Manzella 2b	4	2	1	
Senay 2b	3	1	2	0	Plets p	4	3	3	
Wilson c	3	1	2	1	Mabry c	3	2	0	
TOTALS	38	15	20	12		42	27	22	2
AMXS					501 522 -	15			
MOS					(15)01 506 -	27			

2B - Papp (1), Burman (1), Manzella (1). 3B - Dale (1). HR - Holt (1), Mummert 3 (3), Schulte (1), Crawford (1). SF - Holt (1), Defoe (1), Mummert (1).

IBB - Mummert (1), Schulte (1). BB - Schulte (1), Crawford (1), Mullenbach (1), Mabry (1).

Second Game									
	ab	r	h	bi		ab	r	h	bi
AMXS					MOS				
Losek 2b	5	1	1	0	Burman ss	4	2	1	0
Pasamante 1b	5	3	3	3	Mummert lcf	2	4	2	3
Holt lf	5	1	2	0	Porter If	4	3	2	3
Dale ss	4	3	3	4	Schulte 3b	2	3	2	4
Defoe lcf	4	3	3	1	Crawford 1b	4	2	2	0
Edmister 3b	4	2	1	2	Miller rf	4	1	0	0
Solorza eh	4	0	2	1	Hohenstein	3	1	2	2
Shivelhood rf	4	0	3	0	Mullenbach rcf	3	1	1	2
Papp rcf	4	0	1	2	Manzella 2b	3	0	0	0
Senay c	4	3	4	1	Plets p	3	1	1	0
Wilson p	4	0	1	0	Mabry c	3	1	1	0
TOTALS	47	16	24	14	·	35	19	14	14

	- 0-0		.0
MOS 406	405	x - 1	9
2B - Senay (1), Mummert (1), Schulte (1), Crawford (1)	. 3B - l	Edmis	ter (1).
HR - Pasamante (1), Dale 2 (2), Defoe (1), Senay (1), M	Iumme	rt (4),	
Porter (1), Schulte (2), Mullenbach (1).			
SF - Schulte (1).			

413 620 0 - 16

IBB - Mummert (2). BB - Schulte (2), Mummert (1).

AMXS